

FACTS ABOUT VENOUS DISEASE

VENOUS DISEASE
AFFECT
up to

40%

of the adult population worldwide

THE LIKELIHOOD OF DEVELOPING A VENOUS DISEASE INCREASES AS YOU AGE

While there is often also a genetic predisposition, other factors such as a sedentary lifestyle, pregnancy, obesity and lack of exercise also play a role.

Prolonged sitting or standing puts added pressure on the venous system which can lead to tired, achy and swollen legs.

6 tips for healthy legs :

- **Wear SIGVARIS compression**
Help prevent venous disease
- **Move**
Physical activity improves blood circulation and helps move blood back towards the heart
- **Cool down**
Excessive heat will cause your veins to dilate and may induce swelling
- **Elevate your legs**
To boost your body's natural circulation
- **Control your weight**
With healthy diet and regular exercise
- **Quit smoking**
Smoking increases the risk of developing varicose veins and associated complications

SIGVARIS
GROUP

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COMPRESSION SOCKS
**FOR EVERYONE,
EVERYDAY**

WHY SIGVARIS COMPRESSION ?

Wearing compression helps to improve blood circulation and increases energy in your legs

SIGVARIS COMPRESSION PRODUCTS PROVIDE A FEELING OF FREEDOM, SECURITY AND SELF-CONFIDENCE

WE DESIGN AND MANUFACTURE PREMIUM COMPRESSION PRODUCTS THAT ARE COMFORTABLE AND EFFECTIVE

Sigvaris proudly stands for

— Quality – Comfort – Fit —

We deliver effective daily relief

We only use premium yarns like Merino wool and Sea Island cotton

We offer the best quality, craftsmanship and durability

We help provide freedom of movement, comfort and fit

DIFFERENT ACTIVITIES, DIFFERENT GARMENTS

Essential – Support Yourself

Everyday go-to products for people who seek comfort, support and reliability

- Reduce swelling and discomfort
- Long-distance travel
- Everyday comfort and reliability

Style – Express Yourself

More distinctive and fashionable products unique as you are

- Fashionable, modern patterns and designs
- For business and more formal wear
- A soft and luxurious feel

Motion – Push Yourself

All day support for people with active lives and hard-working legs

- Cushioned sole for added comfort
- Durable thermoregulating wool
- Moisture-wicking yarns

HOW COMPRESSION CAN HELP YOUR LEGS?

GRADUATED COMPRESSION WILL:

- Help prevent spider and varicose veins
- Energize your legs
- Reduce leg pain, swelling, heaviness and muscle stiffness
- Help to prevent and/or manage phlebitis and/or venous thrombosis
- Support your veins to help move blood back to the heart more efficiently

