

# EZee Life™

## Folding Rollator

Models: CH3015 (Black)



EZee Life™ Products

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## General Information:

The instruction manual at hand will help you to be more familiar with the operation and handling of the wheeled walker. This instruction manual is a fixed and necessary component of the wheeled walker. Keep this instruction manual handy and give it to the next person if passing the wheeled walker over to someone else. Please read the instruction manual through completely prior to the first use of the wheeled walker.

## Intended Use:

The CH3015 is designed for indoor and outdoor spaces. It is designed exclusively as a walker with seating for one person. Carrying of more than one person is not allowed. If not otherwise described, this instruction manual is directed to the patients as the operator.

## Indications:

The wheeled walker is suited for people with limited mobility who still have sufficient ability, strength and stability to be able to leave their residence with support of the wheeled walker.

## Contraindications

Use of the wheeled walker is not suitable for those with

- Perception issues
- Severe equilibrium issues
- Limb loss of the arms
- Inability to sit

## Duration of Use

The expected life span of the wheeled walker is up to 5 years with use, safety, care and maintenance in accordance with regulations. this time period, the wheeled walker can still be used as long as still in proper condition.

## Liability

As the manufacturer, we can only be considered liable for the safety, dependability and usability of the wheeled walker if modifications, upgrades, repairs and maintenance work are completed only by certain people who are authorized by us and the wheeled walker is used allowing for all handling information.



## Symbols

	<p>Important! Particular safety-related information. Non-observance can lead to injury of defects on the product.</p>
	<p>Information! Particularly useful information.</p>
	<p>Follow instruction manual</p>
	<p>CE marking</p>

## Delivery Inspection

The Ch3015 wheeled walker is delivered completely assembled in a box. After unpacking, retain the box and the packaging material if possible. They can be used for subsequent possible storage of the wheeled walker.

Inspect the delivered contents upon receipt for completeness and sound condition. In the case of damages, do not use the product yet. First notify the dealer.

## Box Contents

Contents consist of the following main components:

- 1 outer packaging
- Wheeled walker including back belt and tilt support
- Mesh pocket with reflector and zipper
- 1 cane holders with inner shell
- Instruction manual

Optionally included:

- Large transporting case
- Tray

## Rollator Overview



## Safety Information

EZee Life specifically disclaims responsibility for any body injuries or property damage, which may occur during any use when the recommendations and warnings described in this user manual are not followed.

The CH3015 rollator, if used correctly, is a very safe and stable product. Misuse or failure to heed the information in this user manual may lead to damage to the rollator or injury to the user.

## General Safety Information

Protect your rollator by checking it regularly. If any part of your rollator doesn't function correctly, a dangerous situation could occur.

Periodical inspection, a correct adjustment and timely replacement of broken or worn parts will result in many years of use without any problems. Only qualified medical equipment dealers should perform any needed repairs using EZee Life parts.





## Safe Use Warnings

To prevent damage to your property and the rollator or injury to the user of the rollator, you must read the following information. EZee Life will not be responsible for any damage caused by not heeding the following information.

- Avoid using your rollator on roads. Use pavements if possible
- Do not use your rollator in sand, rough areas, wet and slippery surfaces or surfaces with reduced traction
- Never attach anything to the wheels; • Engage the parking brakes when you are in or on an elevator • Do Not exceed maximum weight capacity (100 kg / 220 lb)
- Unauthorized modification and or use of parts not supplied by EZee Life will invalidate the warranty and could lead to injury or damage to the rollator;
- Do not push the rollator too far in front of you, this can cause falls and incorrect posture;
- Before using your rollator, always check the brakes for proper function
- When unfolding the rollator ensure it is locked in the open position
- Use the parking brake if you are sitting
- Make sure that your rollator is adjusted to the correct height to avoid incorrect posture and falls;
- When folding and unfolding the rollator be aware that you do not get clothing or body parts stuck between moving parts.
- Do not use the rollator for transporting people or heavy loads;
- Do not let children play with your rollator;
- Do not use the rollator when the brakes are not working;
- The rollator is not intended to be self-propelled while seated;
- All wheels must be in contact with the floor at all times during use. This will ensure the rollator is properly balanced.
- The parking brakes must be engaged before using the seat;
- Do not use your rollator when it is damaged or has any malfunction.

## Proper Use Instructions

It is important to learn the correct and safe user instructions. To do so, you should study all components of the rollator described in this manual. Always consult a professional for help in developing the correct and safest methods to fit your personal physical abilities, to be able to use the rollator.

### Balance

Daily actions like walking with and sitting down on the rollator, affect the balance of the rollator. This has to do with weight distribution and the change in center of gravity. To avoid the rollator tipping over, or other dangerous situations, you should follow the guidelines described below. In this user manual we describe the guidelines that need to be followed when you are able to use the rollator without help. When you can not do this alone anymore, we recommend you stop using the rollator to avoid accidents.

### Walking with the Rollator

Walking with the rollator is a common action. When walking with the rollator, the following things are important. Always make sure your body is upright when walking with the rollator. Stooped posture is very bad for your back. To assume the correct posture, the push handles need to be set up at the right height. To determine the right height of the push handles, keep arms straight alongside your body and set up the push handles to be at the same height as your wrists.

### Ascending and Descending Obstacles

It is possible you might encounter having to ascend or descend an obstacle with the rollator. In this manual we describe how to do this on your own safely.

#### Ascending an obstacle

When ascending an obstacle on your own, do so by going in a forwards motion. By pushing down on the steppers with one foot, the front of the rollator will lift. Now you can carefully push the rollator onto the obstacle and ascend the obstacle yourself as well. This is the proper way of getting onto obstacles. When ascending an obstacle, make sure there are no objects on the seat or else they might fall off.





## **Descending an obstacle**

When descending an obstacle on your own, do so by going in a forwards motion. By first rolling the front wheels onto the lower part and braking lightly, you can carefully descend the obstacle yourself as well. After both the rollator and yourself have fully descended from the obstacle, you can let go of the brake and continue walking with the rollator.

## **Ascending and descending slopes**

You might at some point encounter having to ascend or descend a slope of any kind. When this situation occurs, we advise to try to do this in one smooth motion. Also, always do this by going in a forwards motion.

### **Ascending a slope**

When ascending a slope on your own, we advise to slightly bend over forward. This way you move the center of gravity forward, making it easier to ascend the slope. Additionally it is important to not put any extra weight, like bags and other objects on or in your rollator. This might increase the risk of tipping over. Try to always ascend to the highest point of the slope in a straight line. If you try to ascend diagonally, the risk of falling over is increased.

### **Descending a slope**

When descending a slope, always go facing forward. Never lean forwards when descending a slope. This can result in the rollator tipping over. To increase stability it is better to lean backwards slightly. Additionally, try to always descend a slope in a straight line. Should you need to stop on your way down, always engage the parking brake on the rollator. To keep in control of your rollator it is important to not descend too fast. You can control your speed by braking lightly whenever needed.

## **Ascending and descending stairs**

One of the biggest obstacles for rollator users are stairs. However, it is possible to ascend or descend stairs with your rollator. Please realize you will have to transport a decent amount of weight when doing this.

## Ascending stairs

When ascending stairs with your rollator, always do this as follows; Make sure to fold the rollator into its most compact form. Before picking up the rollator, it is important to find your balance. Put down the rollator only when it is completely upstairs and on a flat surface.

## Descending stairs

When descending stairs you can follow the same guidelines as when ascending. Fold the rollator if possible and put down only when fully descended.

## Specifications

Below, you will find the specifications of the CH3015

Total length 70 cm (27.6")

Total width 64 cm (25.2")

Total height 80 to 92 cm (31.5" to 36.2") (steps of 2½ cm (1"))

Width seat 45½ cm (17.9")

Seat depth 44½ cm (17.5")

Width folded 22 cm (8.7")

Total weight 8½ kg (18.7 lb)

User weight Max. 136 kg (300 lb)

## Folding and unfolding the rollator

To fold or unfold the rollator, there are some steps you should follow. When folding and unfolding the rollator you should always be careful so that the rollator does not get damaged.

### Folding the rollator

If you want to fold the rollator, please follow the following steps.

- Before you can fold the rollator, remove the shopping bag. This is done by sliding the loops of the frame;
- To fold the rollator, be sure to pull up the black handle. The rollator folds automatically, see picture 1.



- You can use the front wheels using the orange buttons flip (see photo 3).  
That way you get a more compact package.
- On picture 4 shows the wheel turned upwards.



## Unfolding the rollator

To unfold the rollator, please follow the following steps.

- To expand the rollator you must flip the front wheels back down. This is done by using the orange buttons;
- Then you can press the seat tubes. The rollator automatically folds out. Please note that the rollator is properly folded when you hear a click;
- You can now attach back the shopping bag;
- The rollator is ready for use.

## The push handles

The push handles of your CH3015 rollator are ergonomically designed (photo 11) to provide a good and comfortable grip on the push handles. As a result, pushing the rollator is not only more comfortable, but it can also be pushed more safely. The push handles are in height adjustable. If you want to adjust the push handles in height, please follow the following steps:

- Stand behind the rollator
- Push the orange button and adjust the handles to the desired height; (photo 8)
- When you hear a click; the handles are set correctly



Image 5

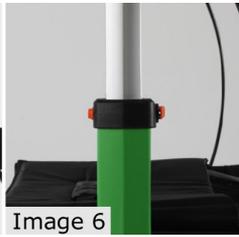


Image 6



Image 7



Image 8

## Brake Operation

- To slow down, pull up both brake handles (diagram 3a).
- To apply the parking brakes, push down both brake handles until they lock. A distinct "click" will be heard when the brakes are in the correct position (diagram 3b). It is important that both brakes are put in the parking position when they are used.
- Lift both handles to release the parking brakes.
- If you apply the parking brakes to stop while moving, and the rear wheels on the rollator still move, stop use immediately. Do not use again until the the brakes have been checked and correctly adjusted.

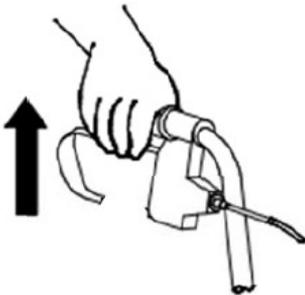


Diagram 3a

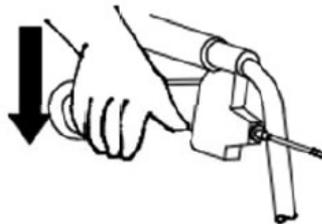


Diagram 3b

## The curb aid

The Ch3015 is equipped with two curb aids. These are used to aid the user in traversing curbs and other small obstacle. To use, the user places a foot on one or the other to hold the rear wheel in place and tilts the rollator back towards themselves. When the front wheel lifts off the ground the user rolls the walker ahead so the front wheels are over or on the top of the obstacle. The user then lifts the back of the rollator using the push handles and puts the rears wheels on the curb or over the obstacle.



Care must be taken when traversing obstacles and curbs using the curb aid to avoid falls that can lead to injury. Users without enough strength or balance to use the curb aid safely should not try them without assistance.



## The front wheels

The front wheels of the rollator are 7" and fastened by means of a front fork to the frame of the rollator. The front wheels swivel and allow the user to steer the rollator in the direction they intend to go. When the steering is not smooth or the front wheels vibrate there is a problem with the adjustment and should be attended to before further use.



## The Seat

The seat on the CH3015 allows you to sit comfortably for a short period of time on the rollator. If you want to use the seat, please follow the following steps.

- Check if the parking brake is engaged, before you sit on the rollator;
- Make sure your feet are between the rear wheels when you are seated and sit with your back towards the direction of travel.



## Maintenance

Your rollator needs periodical maintenance. This is necessary for long and optimum comfort for the user of the rollator. Preventive maintenance is very important. We advise you to have your rollator checked at least once a year by a qualified dealer. The dealer will, where necessary, make adjustments or repairs. These annual inspections will ensure your rollator will work perfect for years.

There are a lot of things you can do yourself to keep your rollator in optimum condition. If you regularly check the rollator and perform minor maintenance, you will extend the lifetime of the rollator and maintain the ease of use. In the following paragraphs this minor maintenance is further described.

### The tires

You need to check the tires of the rollator regularly, because the tires will eventually wear. If the wear is at an advanced stage, you should replace the tires.

### PU tires

We use PU tyres (polyurethane or puncture-free tyres) on the rollator. You can recognize these tires because they do not have a valve. These tires have the advantage that they do not need to be pumped up and can not be punctured.

### The brakes

Inspect both brakes for sharp edges. If there are sharp edges on the brakes we advise you to replace them. Ensure that all the parts of the brake are in the right position and fastened securely.

Make sure that the mechanism is functioning smoothly. If the brakes are not functioning smoothly put some oil at friction points with one or two drips of WD40 oil or Teflon. Remove surplus oil and dirt. Also, make sure the brakes do not come into contact with the wheels as you are moving.





## The frame

The frame of your rollator is the main structure of your rollator. Therefore, the frame should be kept in good condition. Check the frame in the following points:

- Make sure the rollator can easily be fold and unfold;
- Make sure the rollator travels in a straight line while moving;
- Make sure the cross frame is not bent and shows no wear signs.

When any of the above points show abnormalities, please contact the dealer where you bought the rollator. Only your dealer may make any repairs to the frame.

## The rear wheels

You can also check the rear wheels of your rollator yourself. Proper adjustment of the rear wheels increases the stability of the rollator. Also, it ensures that you have to use less effort to move the rollator. Check the rear wheels on the following points:

- Make sure that the wheels can move freely without touching anything;
- Make sure there is no wobbling of the rear wheels. If this is the case, this is often because the housing of the rear wheels is loose.

When any of the above points show abnormalities, please contact the dealer where you bought the rollator. Only your dealer may make any repairs to the rear wheels.

## The castors and front fork

The castors at the front of the rollator and the front fork which these casters are attached to, must move smoothly to steer with your rollator. Check the castors and the front fork therefore the following points:

- Make sure the nut of the front fork is not too loose or too tight. When the nut is too loose, the wheels will rotate but the ride will be uncomfortable. If the nut is too tight, the rollator will be difficult to steer because of the bearings getting pushed so the balls can not move freely. When the nut is correct in place the front wheel will stop slowly;
- Make sure the front castor shows no wear signs.

When any of the above points show abnormalities, please contact the dealer where you bought the rollator. Only your dealer may make any repairs to the castors or the front fork.

## Cleaning of the rollator

Cleaning your rollator is important and should be done regularly. You can get your rollator best cleaned as described below.

- Clean the chassis and plastic components on the rollator regularly with a mild soap and water. Never use abrasive cleaners, they can damage the finish. Also never use steam or high pressure cleaners;
- Never use solvents, abrasive waxes, caustic chemicals or spray silicone;
- Ensure there is no buildup of dirt or debris around the axle, brakes and wheels.
- Dry the rollator after cleaning.



## Periodical maintenance to your rollator

Preventive maintenance is very important and many of these things you can easily do yourself. We highlight below the maintenance you can do yourself.

### Every month

- Check the fold ability of the rollator;
- Check wheel movement front and rear and check turn ability of the wheels;
- Check if the brakes are working correct.

### Every three months

- Check all bolts, screws and nuts and tighten if necessary;
- Check all spokes for tension;
- Check tire for excessive wear.

## Troubleshooting and solutions

	1	2	3	4	5
There is backlash on the rollator	X	X			
The rollator squeaks or rattles		X			
The castors flutters		X	X		X
The rollator moves heavy	X			X	
The rollator is turning slowly	X	X	X		X
The rollators deviates to the left	X		X		X
The rollators deviates to the right	X		X		X

1	Check if the tyre pressure is correct.
2	Check if all nuts and bolts are stuck tightly.
3	The rear wheels and/or castors may be adjusted improperly. Make sure that both rear wheels and castor are mounted in identical positions.
4	Check if the bearings are not worn.
5	The front fork of the castors may be adjusted improperly. Make sure they are adjusted properly.

## Limited Warranty

Ezee Life™ products carry a one year warranty against manufacturing defects, faulty materials and workmanship only.

Any alterations, misuse, abuse, or accidental damage voids this warranty. Ezee Life™ reserves the right to replace or repair any part that has become defective.

The warranty does not extend to consequential costs resulting from the fault or defect of the product: freight and travel costs, loss of earnings, or other expenses that one may incur.

Warranty is valid for the original purchaser only and the original receipt must be presented before any warranty options are considered. Please also be prepared to provide the date of purchase and serial number.

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